

Better futures for our families and communities

Thank you for your interest in helping to support people through and beyond the challenging times caused by drug and alcohol addiction.

The information attached in this brochure provides you with the necessary information you need when considering making a bequest in your Will to Holyoake.

A proud history spanning more than 35 years

Founded in 1975, Holyoake's focus from the beginning was to address the lack of support available to individuals and their families in WA struggling with alcohol related issues. Through the efforts and commitment of the founding members, the organisation continued to evolve over the years and is now one of WA's leading providers of alcohol and drug related counselling and support.



Holyoake's range of services includes individual counselling, specifically designed alcohol and drug programs, family programs (for spouses, parents, other relatives, children), professional and community education and training, as well as services to adults in prison and juveniles in detention and the community.

Today, Holyoake provides counselling services to well over 4,000 people a year in the Perth metropolitan area and the Wheatbelt.

A gift of support for our future generations

Each of us finds different ways to make our lasting mark on the world. By choosing to support the life changing work of Holyoake, we will ensure your gift effectively reaches the thousands of Western Australians who rely on Holyoake's support each year.

There are many ways in which Holyoake provides long term positive change in peoples' lives, including:

Participants in Holyoake's programs consistently reduce their alcohol and drug use and experience improvements in physical health, mental health and quality of relationships.

Relatives and friends who participate in Holyoake's support programs often report a reduction in substance usage by their family member dealing with an addiction.



65% of people who come to Holyoake do so due to positive word-of-mouth recommendations and the other 35% are referrals from doctors and agencies who know the quality of our work.

With Holyoake your bequest will benefit your community

You can be confident that by giving a gift to Holyoake you will be contributing to making your community stronger and better for future generations. Here is just a snapshot of the impact drugs and alcohol is having on our community.

Problematic alcohol use is significantly linked to many of our community's most pressing health problems including cardiovascular disease, cancer, dementia and injuries. Alcohol is a significant contributor to the hospitalisation and premature death in older Australians and accounts for approximately 13% of all deaths amongst 14 to 17 year olds.¹



Children living in households where substance addiction is present are more likely to experience behavioural, emotional and educational problems along with their own substance use issues; creating intergenerational cycles of disadvantage and harm.²

Studies suggest alcohol is involved in about 50% of violent crime.³

Drug and alcohol issues in Australia cost approximately \$23.5 billion each year - when factors including crime, road accidents, loss of work productivity and health services are considered.¹



By changing the lives of one person and their family at a time, Holyoake is assisting in reducing these wider community impacts of drug and alcohol issues.



Furthermore, Holyoake's Training and Education program is designed to equip professionals working in counselling and support organisations throughout our community to have the expertise and knowledge to confidently respond to these drug and alcohol issues.

¹ Australian Guidelines to Reduce Health Risks from Drinking Alcohol, National Health and Medical Research Council 2009 – Pages 23 to 26.

² 2007 National Drug Strategy Household Survey First Results, Australian Institute of Health and Welfare, April 2008 – Page 1.

³ Australian Bureau of Statistics, Cat. No. 4102.0 Australian Social Trends, Data Cube – Other areas of social concern, June 2010.

How your gift can help

There are many ways in which your generosity can support the continued work of Holyoake. Here are just a few examples:



\$3,200 will buy a set of drums for a remote community that has embraced Holyoake's DRUMBEAT program as a means of creating a better future for its teenagers

- \$650 will assist 1 person undertake a rehabilitative program at Holyoake to address alcohol and substance use concerns.
- \$5,000 will assist a young mother to overcome alcohol and substance use issues and provide her baby with appropriate care.
- Larger gifts can be used to seed-fund innovative new programs targeting specific groups such as children, young families, women and regional outreach to local communities.

You can have confidence in Holyoake

All bequests and donations received by Holyoake are responsibly managed and overseen by the Chief Executive Officer. Some important points you should know about Holyoake:



- Founded in 1975, Holyoake has been providing drug and alcohol counselling and rehabilitation for more than 35 years.
- Holyoake applies rigorous business, quality and financial planning systems, and has a strong track record as a preferred provider of government and non-government funded services and projects.
- Holyoake has consistently met the requirements to maintain Registered Training Organisation status since 2000.
- Holyoake's accounts meet auditing standards and are professionally audited each year. The organisation is experienced in the management of investments and assets.

As specialists in the drug and alcohol sector, here are some of the reasons why Holyoake is so highly respected among government and peer agencies:



- Holyoake delivers a number of award winning programs, and was the recipient of a Western Australian Community Services Excellence Award in 2010 for medium size organisations.

- Holyoake developed and delivers DRUMBEAT, an innovative early intervention program which uses drumming to engage at risk individuals who may be faced with making decisions about drugs and alcohol.



- Holyoake's DRUMBEAT program has trained more than 1300 facilitators throughout Australia who are now making a difference in peoples' lives by delivering the DRUMBEAT program in their schools and communities.

- There are six affiliate agencies across Australia who deliver Holyoake programs under licence agreements.
- Holyoake's counsellors hold tertiary and/or post graduate qualifications and are highly skilled and well recognised amongst their peers.

Including Holyoake in your Will

Incorporating a bequest in your Will is simple. After considering the needs of your family, you may wish to consider supporting the ongoing work of Holyoake by allocating a percentage of the residue of your estate or a specific sum of money, shares or property.

A Will is a legal document and it is advisable to seek legal advice when creating or altering your Will. Should you wish to make a bequest to Holyoake, we suggest an example of the wording you may wish to use below:

I give to Holyoake Australian Institute for Alcohol and Drug Addiction Resolutions Inc ABN 57 848 445 446, for its general purposes, free of all duties, (insert what you are giving here, for example a specific sum of money, specific shares/property or the residue of your estate) and I declare that a receipt from the authorised officer shall be sufficient discharge for my Executor.



Holyoake welcomes the opportunity to meet with you and discuss your support through a bequest. Our Chief Executive Officer can help to develop a bequest which best reflects your interest in Holyoake's work. For further information or to speak to our Chief Executive Officer please telephone (08) 9416 4444.

Should you choose to make a bequest to Holyoake in your Will please contact us for our assistance. This not only assists us in planning for the future, but also ensures we are able to personally thank you now for your generosity.