



Post Prison Program Health Questionnaire
Please circle the answer that fits your personal situation best

Male Female Date of Birth.....Venue.....

- 1. How would you currently rate your physical health (Health of your body)
Good OK Not so good
- 2. How would you rate your current level of stress or worry?
Low Average High
- 3. How are you getting along at the moment with your family?
Good OK Not so good
- 4. How are you getting along at the moment with your friends?
Good OK Not so good
- 5. How are you getting on with other people in general?
Good OK Not so good
- 6. Since starting this DRUMBEAT program are you feeling more confident in dealing with any personal problems that you might face now or in the future?
Yes, a lot Some No
- 7. How aware are you of places you can get support to deal with any personal problems if you feel you need it?
Pretty aware Some idea Can't think of any
- 8. Since you started this DRUMBEAT program are you having more or less problems with life in prison?
Less Problems Stayed the same Increased
- 9. What about participation in other prison activities (social, sport or educational)? Have they increased or decreased since you started this DRUMBEAT program?
Less Problems Stayed the same Increased
- 10. Overall how satisfied were you with the DRUMBEAT program – please circle

Very satisfied	Satisfied	Neither satisfied or dissatisfied	Dissatisfied	Very dissatisfied
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