

## SM: Job Description Mental Health Allied Health Professional – Head to Health

<b>Date:</b>	11/04/2024
<b>Position Title:</b>	Mental Health Allied Health Professional
<b>Reports to:</b>	Service Manager
<b>Classification</b>	Level 3 (Health Professionals & Support Services Award)

### SECTION 1: PURPOSE OF THIS JOB:

The purpose of this position is to provide personalised advice, assessment, treatment and support for people experiencing mental ill health through 1:1 tailored evidence-based interventions addressing psychosocial and emotion care needs.

### SECTION 2: KEY WORKING RELATIONSHIPS:

INTERNAL	EXTERNAL
Service Manager	Consumers
Clinical Nurse Consultant (Clinical Lead)	Government and non-government service providers
Allied Health Professionals	WACHS staff
Peer Support Workers	Head to Health Service Providers
WCADS staff	WA Head to Health Assessment and Referral Phone Service Provider (1800 595 212)
Administration team	

This job description form (JDF) contains the key outcomes and responsibilities for this position. The JDF provides an indication of overall focus and is not intended to be a complete list of specific tasks and duties.

### SECTION 3: KEY OUTCOMES:

1. Participant Support
2. Organisational Activities
3. Other Duties

#### 1. Participant Support

Key Responsibilities
<ul style="list-style-type: none"> <li>• Provides support services to consumers of the Head to Health service in accordance with the prescribed service model.</li> <li>• Undertakes health screening and health monitoring activities.</li> <li>• Undertakes assessments including mental state assessments and risk assessments and provides appropriate interventions to consumers and carers.</li> <li>• Provides clinical interventions for consumers impacted by mental ill health through the use of evidence base therapeutic interventions including (but not limited to) Narrative therapy, Solution Focussed therapy, Cognitive Behavioural Therapy, Motivational Interviewing, Acceptance &amp; Commitment Therapy and Integrated Care.</li> <li>• Provides Care Coordination, develops recovery plans and discharge plans in consultation with consumers /carers.</li> <li>• Provides education to consumers / carers.</li> <li>• Manages a consumer caseload in accordance with Head to Health clinical guidelines.</li> <li>• Makes decisions in relation to consumer situations including managing risk, and consults with senior staff as required.</li> <li>• Ensures an integrated care approach through agency liaison and shared case management of clients who have complex concerns.</li> <li>• Maintains case notes and client data to a high standard.</li> <li>• Ensure that clinical services delivered reflect evidence based best practice standards and are in line with policies and procedures.</li> </ul>

#### 2. Organisational Activities:

Key Responsibilities
<ul style="list-style-type: none"> <li>• Maintains a commitment to continuing professional development (CPD) to improve and broaden their knowledge, expertise and competence.</li> <li>• Participates in clinical supervision</li> <li>• Assists to review and evaluate work practices on a continual basis to ascertain effectiveness and to improve quality.</li> <li>• Contributes to the timely review of operational protocols and guidelines for the Head to Health service.</li> </ul>

#### 3. Other Duties:

Key Responsibilities
<ul style="list-style-type: none"> <li>• Attends and contributes to staff meetings and supervision.</li> </ul>

- Conducts all activities in compliance with relevant legislation including Equal Employment Opportunity, Occupational Health and Safety, and all policies, procedures and guidelines as determined by Head to Health.
- Participates in Accreditation and quality improvement activities as required.
- Other duties as directed by the Service Manager.

#### SECTION 4: AUTHORITY LEVELS:

The Mental Health Professional operates under the direction of the Service Manager with clinical supervision being provided by the Clinical Nurse Consultant (Clinical Lead).

#### SECTION 5: COMPETENCY REQUIREMENTS:

##### SELECTION CRITERIA

##### **Qualifications and Training:**

- Relevant Tertiary allied health qualifications in Psychology, Social Work, Occupational Therapy, Nursing or other applicable Allied Health profession including full registration with AHPRA or relevant board.
- Demonstrated recent experience (within the speciality), with demonstrated knowledge and skill in the assessment and treatment of complex mental health presentations and comorbid disorders.

##### **Knowledge and Experience:**

- Experience working in the mental health sector or equivalent.
- Understanding of client assessment, care coordination and support.
- An understanding of client confidentiality and appropriate conduct.
- Understanding of mental ill health and related concerns.
- Knowledge of relevant government and community services and facilities.

##### **Skills:**

- Teamwork skills to work effectively in a team environment to set and achieve shared goals and engage in collaborative practice.
- Interpersonal skills to engage and motivate, and to negotiate and resolve differences.
- Self-management skills to prioritise and manage time effectively, recognise and maintain professional boundaries, participate in supervision, and reflect and learn from experience.
- Advocacy skills to advise and act on behalf of members and participants on a range of social issues.
- Sound written and verbal communication skills to present information and ideas effectively.
- A desire to work with and explore recovery principles.
- Computing skills to a level of competence in MS Word, Excel and PowerPoint.

##### **Other:**

- Current National Police Clearance
- Current driver's licence

**SECTION 6: ACCEPTANCE OF JOB DESCRIPTION:**

Incumbent Name:

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Incumbent Signature

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Date

Unit Manager:

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[Position Title]

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Unit Manager Signature

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Date

**CHIEF EXECUTIVE OFFICER AUTHORISATION:**

Signature:

Date: